



2021 Lotus Pond 200hr. Teacher Training Certification Summer Schedule at the Lotus Pond

JUNE Introductory Weekend

June 12-13, Saturday 12:00-7:30 & Sunday 11:00am-7:30pm
Thursdays, 7-9pm, June 17, 24

JUNE Yoga Principles

June 26, Saturday, 12:00-7:30pm

JULY Deepening the Practice

July 17-18: Saturday 12:00-7:30 & Sunday, 11:00am-7:30pm
Thursdays, 7-9pm, Jul 1, 8, 15, 22, 29

AUGUST Yoga On and Off the Mat

August 14-15, Saturday 12:00-7:30 & Sunday 11:00am-7:30pm
Thursdays, 7-9pm, Aug 5, 12, 19, 26

AUGUST Body, Mind & Spirit

Aug. 28, Saturday, 12:00-7:30pm

SEPTEMBER Pranayama (Breathwork) Weekend

Sep. 11-12: Saturday 12:00-7:30pm & Sunday 11:00am-7:30pm
Thursdays, 7-9pm, Sept. 2, 9, 16, 23, 30

SEPTEMBER Teaching Methodology

Sep. 25, Saturday, 12:00-7:30pm

OCTOBER Posture Alignment Workshop

Oct. 23-24: Saturday 12:00-7:30 & Sunday 11:00am-7:30pm
Thursdays, 7-9pm, Oct. 7, 14, 21, 28

NOVEMBER Refining the Process

Nov. 13-14: Saturday 12:00-7:30 & Sunday 11:00am-7:30pm
Thursdays, 7-9pm, Nov. 4, 11, 18

DECEMBER Complete Teacher / Graduation

Dec. 4-5: Saturday 12:00-7:30 & Sunday 11:00am-7:30pm
Thursdays, 7-9pm, Dec 2

All students attend the online “Intro to Yoga” Beginner 4 part series on www.lotuspondyoga.com

Yoga Alliance Registered School / 200hr. Teacher Training Certification

The Lotus Pond, 6201 Lynn Rd., Tampa, www.lotuspondyoga.com, 813-961-3160 or 813-956-3506